

# GROWTH PLAN

## Areas of Growth

### SPIRITUALLY

enrich your soul, you need to grow spiritually

- Have a prayerful life
- Read your bible
- Be reflective and taking notes
- Apply scripture to your life

### SELF-AWARENESS

discover your purpose, you need to grow in self-awareness

- Become aware of your passions
- Become aware of your purpose
- Be accountable your goals
- Be reflective of your growth

### CHARACTER

become a better human being, you need to develop your character.

- Focus more on your internal development
- Have passion for people
- Be a teaching person
- Be willing to serve others

### SKILLS

advance in your ministry, career, you need to grow in your skills

- Read a book in the area of your skill.
- Watch videos in the area of your skill.
- Listen to podcasts in the area of your skill

### RELATIONSHIPS

be a better spouse or parent, a good team player, you need to grow in relationships

- Make deliberate effort to overcome your temperament weaknesses
- Use the strengths of your temperaments to enhance other people's life
- Make efforts to improve your relationship with the most important people in your life

### EMOTIONALLY

exhibit emotional intelligence in all you do

- Be open and flexible
- Acknowledge that you don't know everything
- Have a calm disposition
- Be approachable

### PHYSICAL HEALTH

eat well and exercise your body to grow gracefully

- Plan your meals to have all necessary nutrients
- Do physical exercise daily
- Have 6-8hrs of sleep daily
- Figure out things you do that stress you out and the things you do that fuel you up. Deliberately engage activities that fuel you up. This will put you in a health emotional and physical state

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## Areas of Growth

	Goal #1	Goal #2	Goal #3	Goal #4
Spiritually				
Self-Awareness				
Character				
Skills				
Relationships				
Emotionally				
Physical Health				