



Grace  Grace
C E N T E R

WEEK OF
THE ALTAR SERIES

"I WILL GIVE YOU VICTORY"

PSALM 35:3

WEEK OF THE ALTAR

Royalhouse Chapel International embarks on its annual Week of the Altar 21-day fast. The fasting starts from Monday, January 6 to Sunday, January 26, 2025



What is Fasting?

Fasting can be defined as a deliberate abstention by a person or group to abstain from food, food and water, or certain kinds of food for spiritual or physical reasons.

The New Testament word translated as “fasting” literally means one who has not eaten, one who is empty.

Biblical Examples

Many people and groups in the Bible fasted, including Moses; Daniel (Dan 9:3, 6:18); the Psalmist (Psalm 35:13, 69:10, 109:24); Jonathan, who fasted for David (1 Sam 20:34); David (2 Sam 12:16); Cornelius (Acts 10:30); the leadership of the New Testament church (Acts 13:2; 14:23); New Testament believers (1 Cor 7:5); and Jesus himself (Mat 4:2).

Why Week of the Altar?

The main objective of this fast is to prepare you for a victorious 2025. Jesus spent forty days and nights in the wilderness fasting and praying before beginning God’s work on this earth. He needed time alone to prepare for what His Father had called Him to do. Through fasting and prayer, He was adequately prepared and empowered for a successful ministry (Matthew 4:1-17; Mark 1:12-13; Luke 4:1-14). As you start this fast, you will be empowered to achieve great things in 2025.

How to Fast?

The fasting begins at midnight each day and concludes at 6 pm, except on weekends, when it ends at noon. During the fasting hours, you must abstain from all food, as well as television, social media, and other forms of non-essential communication. While fasting, drink water as much as possible.

For those who are new to fasting or have not undertaken a long fast like this before, we recommend a partial fast for part of the day, such as from midnight to 12 p.m. or 3 p.m.

Those taking medications should seek medical advice before starting.

It is okay if you cannot fast due to medical advice; however, you must fully participate in the prayer sessions.

WEEK OF THE ALTAR

Power Tips

- Drink plenty of water, at least 3 to 5 bottles daily.
- Set aside time to read your Bible and join the corporate prayer thrice daily (at 6 a.m., 12 p.m., and 6 p.m.).
- Seek a partner for prayer and fasting to provide support to you.
- Continually stay in Prayer, Worship, and Praise.
- When you're alone, play worship music in the background, listen to sermons on Grace2GraceTV on YouTube, or read a book about intimacy with God. Make time to participate in all the corporate prayer sessions at church.

Recommended Food When You Break Your Fast

- Food rich in Fiber
- Foods rich in protein include plant-based options, chicken breast, and fish high in omega-3. It's best to avoid red meat
- Complex Carbohydrates
- Healthy (non-sugar) Juices
- Soups
- Porridges
- Salads

Foods to Avoid

- Fast Food
- Fried Foods
- Sodas
- Red meat
- Greasy food

DATE	SCRIPTURE READINGS	PRAYER TOPICS
Monday Jan 06	Psalm 116:1-19	Join the Psalmist and express your gratitude to the LORD for all his benefits.
DIVINE DIRECTION	Psalm 37:23	Pray that the Spirit of the Lord will order your steps throughout the year.
	1 Corinthians 2:9-12	Ask the Holy Spirit to open your spiritual eyes so that you will not miss His plans and purposes for your life.
	2 Peter 3:18	Pray that people will come to know the Lord Jesus and also have an intimate relationship with Him through the ministry of Royalhouse Chapel MD.
Tuesday Jan 07	Exodus 23:20	Pray that the Angel of the LORD will go before you to bring you to the place (possessions) the LORD have prepared for you this year.
HE GOES BEFORE YOU	Exodus 23:24	Identify the thing(s) that have become idols (you place value on or give more attention than spiritual things) in you life and prayerfully break them down.
	Exodus 23:25-26	Ask the LORD the grace for you to faithfully serve him and also ask Him for the grace for you to enjoy His covenant blessings.
	Exodus 23:27-28	Pray that the LORD will send his fear before you to cause confusion among any powers of darkness laying ambush against you in the year. Pray that God will cause them to turn their backs to you.
	Exodus 23:25	Pray for Royalhouse Chapel International asking the Lord to create confusion among any spirits or principalities assigned against the church in the year.
	Matt. 16:18 Acts 19:11	Pray that signs and wonders will confirm the teaching of God's word in Royalhouse Chapel International.
Wednesday Jan 08	Deut. 8:18	Ask the LORD to give you the ideas and opportunities to make wealth.
OIL FOR WEALTH	Prov. 21:20	Ask the Lord to give you the wisdom and discipline to be frugal (not being financially wasteful)
	Prov. 3:9	Ask the LORD for the grace for you to honor Him with First Fruits, tithes, offering etc. in the year
	Prov. 13:22	You will be so blessed that you will leave an inheritance for your children and grandchildren.
	Matt 17:27	God will supernaturally cancel your debts.
	Psalm 118:25	That God will raise wealthy people in the church who will fund the gospel.
Thursday Jan 09	Nahum 1:13	Ask the LORD to break any yoke you have been carrying over the years and also release any bonds on your hands and feet over the years.
DEALING WITH EMPTIERS	Nahum 2:2	Pray that God will crush any emptier (spirit that comes to deplete or the past years depleted God's blessing in your life) that is laying wait against your life in the year.

	Nahum 2:2	Petition the LORD to will restore you of whatever the enemy has stolen from you or denied you over the years.
	Nahum 2:3	Pray that God will take vengeance on the adversaries of Royalhouse Chapel International.
	Psalms 1:3	Ask God to prosper Royalhouse Chapel International in ALL our endeavors in the year.
Friday Jan 10 LOVING THE LORD	Luke 24:32	Pray that spirit of the LORD will captivate the heart of the unsaved especially some loved ones that you wish to come to the saving knowledge of Christ in the year.
	Acts 1:8	Pray that the spirit of the LORD will fill you with his spirit for you to become His witness to the those who are not saved
	Gen 24:34-35; 3 John 2	Ask the Lord to lift you up and make you a light and a symbol of emulation when it comes to your health, marriage, finances, and your spiritual life.
	Acts 2:27	Pray that God will add numerically to Royalhouse Chapel International daily.
	Colossians 2:7	That every new soul God brings to the church and also the existing members of the church will be rooted, established and built up in Him and the vision of Royalhouse Chapel International.
Saturday Jan 11 FAMILY LIFE	1 Pet 4:8-9	Married/In a relationship you are sure of: If you are married/relationship:
	1 Pet 4:8-9	The Lord to strengthen the love bond between you and your spouse/partner.
		Pray that the Lord will grant you the grace and wisdom to understand and appreciate each other.
		Ask the Lord to make your marriage a biblical model marriage.
		Trusting God for a life partner? Ask the LORD to connect you to your soulmate.
	Jeremiah 1:10a	Enter in spiritual warfare, pulling any stronghold against your family
	Jeremiah 1:10b	
		Through words 'plant' the blessings you want to see in your family
	Judges 12:9; Ephesians 4:2	Pray for the church, ask the LORD to bless the church with more marriages this year and strengthen existing marriages in the church.
Sunday Jan 12 APPRECIATING THE LORD	Psalms 138:1-6	Thank God for seeing through the first week of the fast.
Monday Jan 13 BUILD YOUR CHURCH	Jeremiah 3:14	Intercede and make warfare on behalf of church members who have backslidden to return to the Lord.
	Jeremiah 3:15	Ask the Lord to cause the Pastors and leaders (shepherds) of Grace2Grace center to lead the church according to His heart. That they will feed the flock with knowledge and understanding.

	Jeremiah 3:16	That the Lord will help the church to multiply in every area.
	Jeremiah 3:17	That in this year Royalhouse shall be called the “Throne of the LORD,” and all the nations shall be gathered to it because of the extraordinary move of the Lord.
	Colossians 4:6	The anoint your lips so that your speech shall always be with grace, seasoned with salt, that you may know how to speak in ways pleasing to the Lord.
Tuesday Jan 14	Zechariah 3:1-2	Ask the Lord to rebuke any devil standing at your right to oppose.
A NEW THING	Zechariah 3:3-4	Pray removing every spiritually filthy garment place on you.
	Zechariah 4:6, 8-9	Pray that the Lord will revive whatever you started but look dead or have come to a standstill. Also ask the Lord to help you finish it.
	Numbers 27:7-8	Ask the Lord to release the protocol breaking anointing upon your life (the anointing that will make you the first person to receive a particular kind of miracle).
Wednesday Jan 15	Romans 12:1-2	Ask the LORD to grant you the grace so that you will be able to present your body as a living sacrifice that is holy and acceptable unto Him.
TRANSFORMATION	Romans 12:3-8; 1 Cor. 12:810	Pray that the Holy Spirit will help you will discover your unique spiritual gift and also be able to operate in it to the optimum.
	Romans 12:9-13	Pray for virtues of brotherly love, goodness, diligence, prayerfulness, patience and hospitality into your life.
	Romans 12:18	Pray that the LORD will give you wisdom and grace to be able to live peaceable with all people including those who have declared themselves as your enemies.
	Romans 12:3-8; 1 Cor 12:810	Pray that God will bestow His spiritual gifts upon Royalhouse Chapel International.
Thursday Jan 16	Exodus 3:21; Luke 2:38	Pray for the LORD to make you favorable in His sight and before humanity.
FAVOR ME	Ruth 2:2, 9-10, 13-14	Pray that the LORD’s favor will cause you to have preferential treatment in the year.
	Ruth 2:8	Pray that by the release of the LORD’s favor upon you strangers will force you to bless you.
	Ezra 1:1-2; 2 Kings 4:8	Ask the LORD to put you into contact with your Cyrus or Shunammite woman (a person who is God’s instrument of help to you).
	Psalms 44:3	Pray that through the favor of the LORD, He will give Royalhouse Chapel International influence the State of Maryland and the United States of America as a whole.
Friday Jan 17	Psalms 91:1	Ask God to release His grace upon your life that you will dwell in His presence throughout the year.
DWELLING IN THE SECRET PLACE	Psalms 91:2	Pray deliverance from every snare (trap) of the fowler (trapper/devil).

	Psalm 91: 4	Ask for God's covering over your life throughout the year.
	Psalm 91: 5	Pray the God will fortify and empower you spiritually so that you will not be afraid of satanic threats against your life.
	Psalm 91:10	Pray that no evil befalls you in the year
Saturday Jan 18	Acts 2:41-47	Pray for Exponential growth
CHURCH GROWTH	Matt 7:7	Ask the LORD to give us the financial blessings for us to move into our place of worship
	Prov. 24:3; Exo. 17:10-11	Pray for the leaders of the church so that God will grant them wisdom to do his work in this church and the grace to support our senior pastor and his wife.
	Romans 8:11	Pray for the various department leaders so they shall follow the leadership of the Holy spirit as they lead their respective ministries.
	2 Timothy 2:2	Pray that the Lord will make Royalhouse Chapel MD the breeding ground for distinguished leaders.
	James 1:5; Acts 19:11-12	Pray that God grant our senior pastor divine wisdom and a fresh anointing to lead us in this year.
	2 Timothy 2:20-21	Ask God to use you as a vessel of honor in this church.
Sunday Jan 19	Psalm 105:1-5	Give thanks to the Lord for who He is and what He has done in your life.
THANKSGIVING		
Monday Jan 20	Isaiah 41:10	That God will give you strength, uphold you and help you to serve Him diligently in the year.
MY HELP YOU	Isaiah 41:11-12	God cause all angry enemies and those opposing you to become like a non-existent thing.
	Isaiah 41:15	That God will make you like threshing instrument with sharp teeth that will destroy every evil work against you.
	Isaiah 41:17-18	That God with His living waters revive areas of your life that are desolate and has become like a desert.
	Isaiah 41:11-12	Every spirit or entity contending against the church will be like a nonexistent thing.
Tuesday Jan 21	Colossians 2:14	Deal with Satanic laws seeking to deny you of your inheritance in the Lord.
	Job 5:12	Deal with every negative eye that seeks to deny you of your portion in life.
	Job 20:15	That any blessing that they have swallowed be vomited.
	2 Corinthians 2:15	That God will make Royalhouse like the Sweet Fragrance that draws souls into the Kingdom.
Wednesday Jan 22	Isaiah 45:1	Ask the LORD for the Cyrus anointing: to subdue nations and loose armor of kings.
CYRUS ANOINTING	Isaiah 45:1	That the LORD will open every double door of blessing before you that has been shut.
	Isaiah 45:2	The power of God will make the crooked places before you straight; break in pieces the bonze gates; and cut the iron bars.
	Isaiah 45:3	That God will hand you hidden riches of secret places.

	Isaiah 45:1-3	Ask the LORD to release the Cyrus anointing upon the church.
Thursday Jan 23	Luke 6:10	That the Kingdom (rule of God) will be established in your life.
MODEL PRAYER	Luke 6:11	God, provide all your needs in the year.
	Luke 6:12	Your spirit will yield to Spirit of God so that you will forgive all those who have wrong you and those who will wrong you in the year.
	Luke 6:13	The power of God deliver you from the temptations of the devil.
	Luke 6:13	That the power and the glory of the LORD will manifest strongly in the Church.
Friday Jan 24	Acts 12:24	The word of God will increase through your service will multiply.
	Exo 35:29	Ask the LORD to give you the financial blessings so that you can support the renovation of Phase 2.
	2 Chronicles 16:9	That you will serve God with a loyal heart.
	Psalms 133:1-3	That the Lord will stir you up so that you foster unity in His house
	2 Timothy 2:20-21	Ask God to use you as a vessel of honor in this church.
Saturday January 25	Acts 12:24	The word of God will increase, and the church will multiply.
TRIUMPH 2023	Exo 35:29	Ask the LORD to give us the financial blessings for us to be able to start building Phase 2.
	2 Chronicles 16:9	All leaders of the church will serve God with a loyal heart.
	Psalms 133:1-3	All leaders in the Church will be united as they do the work of God
	2 Timothy 2:20-21	Ask God to use all leaders as vessels of honor in this church.
	Sunday January 26	Psalms 27:1-6
GRATITUDE	Psalms 100:4-5	Praise & worship the LORD for successfully seeking His face through the fasting and prayers period.